

### [3] SDG3: GOOD HEALTH AND WELLBEING

#### [3.3] Collaborations and health services

##### [3.3.2] Health outreach programmes

### Indonesian Hydration Working Group

Supported by:

INDONESIAN HYDRATION WORKING GROUP  
WEBINAR SERIES 2020

HYDRATION FOR HEALTH AQUA

## Healthy Hydration : Applied Science for Hydrogenic Environment

---

#### Healthy Hydration and Hydrogenic Environment

Registration at: <http://bit.ly/ihwghydration>



**Keynote Speaker:**  
**Prof. Dr. dr. Ari Fahrial Syam, SpPD, KGEH**  
• Dean of Faculty of Medicine Universitas Indonesia

**Speakers:**  
**Dr. dr. Diana Sunardi, MGizi, SpGK**  
• Chairman of IHWG  
**Karyanto Wibowo**  
• Sustainable Development, Danone-AQUA  
IHWG Champion

**Moderator:**  
**dr. Nurul Ratna M. M., MGizi, SpGK**  
• Head of Nutrition Science Department of FMUI

#### Healthy Hydration and Non-Communicable Disease

Registration at: <http://bit.ly/ihwgncd>



**Speakers:**  
**dr. Pringgodigdo Nugroho, SpPD-KGH**  
Expert in Nephrology •  
**Prof. Dr. dr. Saptawati Bardosono, MSc**  
Expert in Nutrition and Hydration •  
**Erica T. Perrier, Ph.D**  
Health, Hydration & Nutrition Science •  
Danone Research France

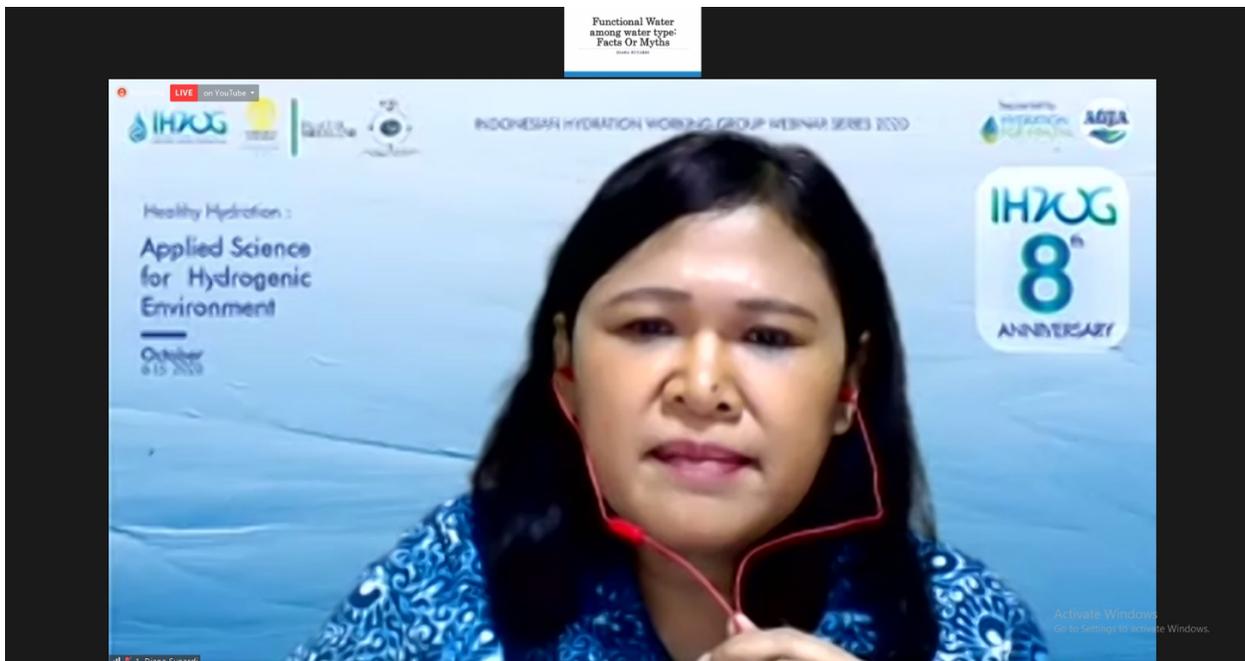
**Moderator:**  
**dr. Bernie Endyarni Medise, MPH, SpA(K)**  
Expert in Paediatrics •

THURSDAY 2020	Oct 8	13.30 - 15.30	via ZOOM	THURSDAY 2020	Oct 15	13.30 - 15.30	via ZOOM
------------------	----------	---------------------	----------	------------------	-----------	---------------------	----------

\*\*\*IDI accredited certificate for participants who attend both classes

Find Us on:  
@iHWG  
ihwg.hidrasi@gmail.com

021 3903894



**"Info Sehat FKUI" Website**



#ANTI HOAKS KESEHATAN SEMINAR AWAM INFO FKUI MEDIA INFO GRAFIS



**Info FKUI** **Uncategorized**

Penyumbang narasumber terbanyak saat pandemi, FKUI raih rekor MURI

September 27, 2021 InfoSehat FKUI



Pentingnya Deteksi Dini dalam Penanganan Kanker Prostat

September 27, 2021



Penyumbang narasumber terbanyak saat pandemi, FKUI raih rekor MURI

September 27, 2021



Gandeng FK-UI, Kemendes PDTT Bakal Kirim Dokter Muda ke Pelosok Desa

September 27, 2021



Periksa sperma tindakan pertama pada kasus gangguan kesuburan

September 27, 2021

Info Terbaru



**Info FKUI** **Uncategorized**

Pentingnya Deteksi Dini dalam Penanganan Kanker Prostat

September 27, 2021 InfoSehat FKUI

#Liputanmedia Jakarta: Deteksi dini dan penanganan secara tepat sangat penting untuk meningkatkan usia harapan hidup pasien kanker prostat. Masyarakat dihimbau untuk meningkatkan



Penyumbang narasumber terbanyak saat pandemi, FKUI raih rekor MURI

September 27, 2021



Gandeng FK-UI, Kemendes PDTT Bakal Kirim Dokter Muda ke Pelosok Desa

September 27, 2021



Periksa sperma tindakan pertama pada kasus gangguan kesuburan

September 27, 2021



Mengenang Kepergian Dokter Tigor Silaban yang Mengabdikan Semasa Hidup di Tanah Papua

September 27, 2021

#AntiHoaksKesehatan



**Anti Hoaks Kesehatan** **Info FKUI**

Hoax, Minum Es Habis Makan Bakso Picu Kanker

May 22, 2019 InfoSehat FKUI

#LiputanMedia MALANG – Sempat beredar video yang menyampaikan bahwa meminum air es setelah memakan bakso dapat memicu kanker. Video berdurasi



Hoax, Minum Es dan Makan Bakso Bisa Kanker

January 16, 2019

Info FKUI



Anti Hoaks Kesehatan



Advertisements



Description :

Indonesian Hydration Working Group (IHWG) is another major collaboration program is the FMUI incorporated in the IHWG (Indonesian Hydration Working Group). IHWG is an organization

that aims to improve health related to hydration with the mission of raising awareness of the importance of water for health. As one of the University of Indonesia's research clusters, IHWG is expected to be able to help improve the quality and quantity of UI research that currently focuses on 10 fields, namely Allevation, Child, Family & Community, Genome, Governance, Democratization & Public Social Policy, Energy, Restoring the Earth's Natural Support System, Nano & Advanced Technology, Culture, Indigenous Studies, Urban Planning & Transportation, and ICT; especially those related to water accessibility, the importance of water for health, and can share knowledge related to hydration and health. IHWG together with FKUI has carried out several important activities, such as conducting IHWG Week, hydration education for the general public, and socialization of the importance of hydration using comic media. At IHWG Week, FKUI presented many national and international experts who discussed hydration and its relationship with health. For education, FKUI has collaborated with the DKI Government and other parties to conduct training for School Health Teacher (Usaha Kesehatan Sekolah) on healthy hydration.

Info Sehat FKUI Untuk Anda (FKUI Health Info For You) program provide health informations such as diseases, how to improve quality of life, health conference for public, etc.

**Evidence Link:**

1. <https://fk.ui.ac.id/infosehat/>
2. <https://fk.ui.ac.id/berita/delapan-tahun-ihwg-fkui-berkiprah-mengedukasi-masyarakat-untuk-hidrasi-sehat.html>