## [3] SDG3: GOOD HEALTH AND WELLBEING

# [3.3] Collaborations and health services

# [3.3.3] Shared Sports Facilities

### **Exercise Cluster IMERI FKUI**











**Shared Sports Facilities** 









UI Rotunda UI Main Road





UI Boulevard UI Park





Electric Scooters provided by Gowes





Bikes provided by Gowes

Campus Yellow Bikes





UI Bike Path

UI Bicycle Community

### **Description:**

IMERI (Indonesian Medical Education Research Institute) Faculty of Medicine Universitas Indonesia has established an exercise cluster as a means of research and development of physical medicine and sports. The exercise cluster also provides health services related to fitness and exercise problems

Universitas Indonesia features a number of sport facilities in the form of an Outdoor Stadion, Indoor Stadion, Gymnasium, Swimming Pool, Golf Course, Basketball and Futsal Court, Badminton Court, Volleyball Court, Hockey Court, along with bikes and scooters for exercising inside UI. These facilities can be enjoyed free of charge by UI's academic community. In addition, UI has a 10+ km jogging/cycling track inside campus that can be accessed by the public. The high public interest in exercise has turned the demand for exercising facilities into an important need. On weekends, UI becomes a destination for both the residents of the surrounding area as well as those further away to fulfill their need for physical activities, such as jogging, cycling, aerobics, and running through UI's City Forest. Universitas Indonesia continues to develop its sports facilities to accommodate the health needs of a public in which healthy living has recently become a trend.

#### **Evidence Link:**

- 1. https://www.ui.ac.id/ui-bangun-sarana-olahraga-standar-internasional/
- 2. https://bem.ui.ac.id/uikipedia/fasilitas/stadion-ui/
- 3. https://bem.ui.ac.id/uikipedia/fasilitas/gymnasiumui/
- 4. http://suma.ui.ac.id/2012/05/13/galeri-foto-pembangunan-integrated-faculty-club-telah -selesai
  - tahap-satu/
- 5. https://www.citizendaily.net/felfest-yuk-renang-di-kampus-ui/
- 6. https://www.ui.ac.id/gowes-perwujudan-revitalisasi-spekun-ui/
- 7. hps://ukortenisui.wordpress.com/2011/12/30/sejarah-tenis/
- 8. <a href="https://imeri.fk.ui.ac.id/research-clusters/pelayanan-exercise-center/#">https://imeri.fk.ui.ac.id/research-clusters/pelayanan-exercise-center/#</a>
- 9.