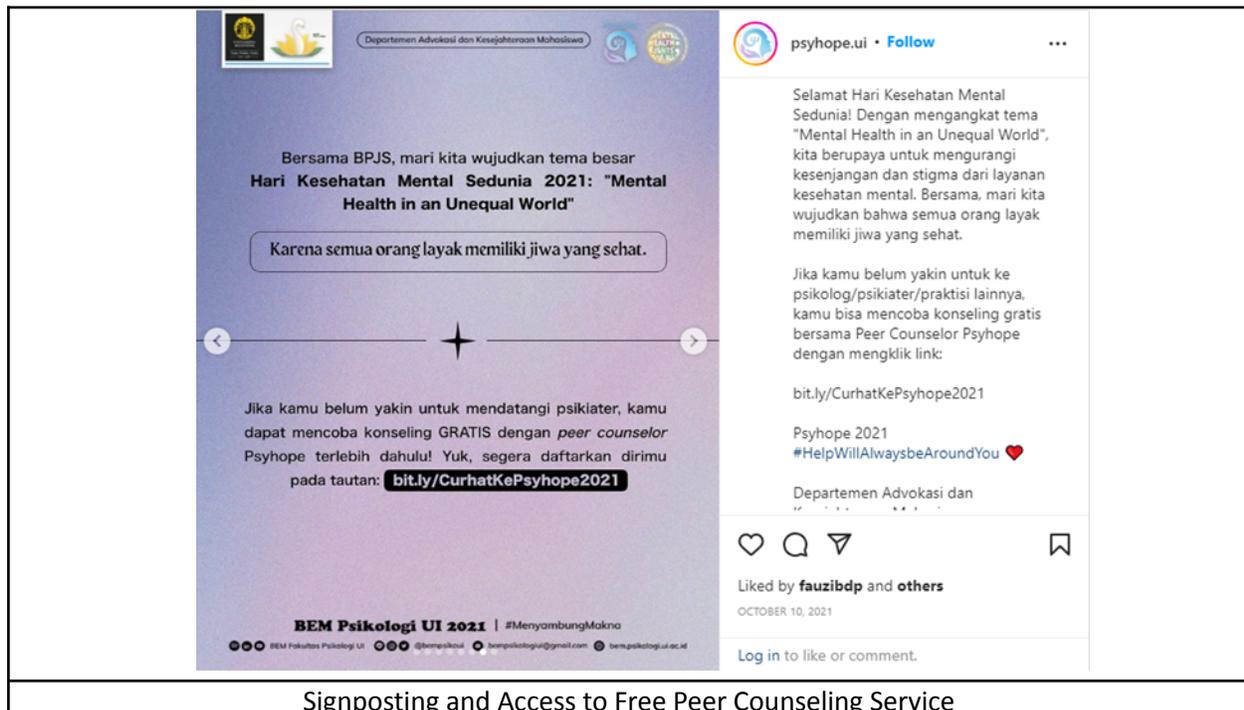


Implementation of SDGs at the Faculty of Psychology

3. Good Health and Well-being

3.3. Collaborations and health services

3.3.5. Mental health support



Signposting and Access to Free Peer Counseling Service

Departemen Advokasi dan Kesejahteraan Mahasiswa

PSYHOPE

psyhope.ui • Follow

psyhope.ui [5 Rekomendasi Aplikasi Online Counseling yang Dapat Kamu Coba]

Halo teman teman! 🙌
Bagaimana kabar kamu saat ini?
Semoga baik baik saja yaa 😊

Apakah kamu tahu bahwa layanan konseling sekarang sudah berkembang secara daring dan lebih mudah di akses siapa saja, dimana saja, dan kapan saja?

Kali ini, Psyhope akan merekomendasikan beberapa aplikasi layanan konseling online yang dapat unduh dan gunakan di smartphone kalian.

Cek dan simak infografis di atas yuk

139 likes

NOVEMBER 5, 2021

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5 REKOMENDASI APLIKASI LAYANAN KONSELING DARING YANG DAPAT KAMU COBA

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Signposting to Online Counseling Services

Well-being Guru, Dosen, dan Mahasiswa di Masa Pandemi

Waktu
Sabtu, 17 Juli 2021
09:00 - 11:00 WIB

Presenter Tim Riset
Dr. Dyah T. Indirasari, M.A., Psikolog
Dosen F. Psikologi UI, Anggota Laboratorium Cognition, Affect, and Well-being

Moderator
Indri Savitri, M.Psi., Psikolog, Psikoterapis
Manager Academic Sekolah Cikal Head Office, Co-founder Adhikartes Community

Narasumber
Dr. Imelda Ika Dian Oriza, M.Psi., Psikolog
Dosen dan Sekretaris Prodi S2 Psikologi Profesi Fakultas Psikologi UI
Dra. Diena Haryana, M.A.
Pendiri SEJIWA

Dapatkan HADIAH MENARIK dan sertifikat SKP HIMPSI

Registration link
<https://bit.ly/WebinarResiliensi17Juli>

Dr. Dyah T. Indirasari, M.A., Psikolog
Presenter Tim Riset

Dr. Imelda Ika Dian Oriza, M.Psi., Psikolog
Narasumber

Dra. Diena Haryana, M.A.
Narasumber

Indri Savitri, M.Psi., Psikolog, Psikoterapis
Moderator

f.pskologi_ui humaspsiui 021-7270004/5
Fakultas Psikologi Universitas Indonesia Fakultas Psikologi UI

Description:

As the faculty that mainly promotes mental health, the Faculty of Psychology also provides mental health support for its students, staff/employees, and the public. Klinik Terpadu is one of the examples for that purpose. Klinik Terpadu provides counseling and various kinds of psychological tests services (e.g. children assessment of children with special needs, aptitude test, IQ test, and employee assessment). For students of the Faculty of Psychology as well as its employees, they could access the counseling service at Klinik Terpadu for free. As for the general public, a counseling session with a senior psychologist is charged Rp225.000, while with junior psychologist Rp170.000. Klinik Terpadu opens every Monday to Friday at 08.00-16.00 WIB and is located inside the Faculty of Psychology area near the parking lot.

Other than Klinik Terpadu, the Faculty of Psychology also organizes events related to mental health regularly. These events could be organized by the faculty itself, institutions under the Faculty of Psychology, coordination with other organizations and institutions, or organized by students under the supervision of the faculty.

One of the examples of mental health support that is organized by the students is PSYHope. PSYHope provides peer counseling that could be accessed freely. The peer counselors are the students of the Faculty of Psychology that have been trained to give mental first aid to their peers. PSYHope also routinely organized seminars for the public to further promote mental health.

Evidence Link:

1. <https://klinik.psikologi.ui.ac.id/>
2. https://www.instagram.com/p/CU2IVZUvECR/?utm_source=ig_web_button_share_sheet
3. https://www.instagram.com/p/CV5Parrv5JQ/?utm_source=ig_web_button_share_sheet